

# Certificate in Dream Studies in Chinese

## Degree Type

### Certificate

Sofia University's certificate in Dream Studies is offered in our Institute of Transpersonal Psychology. It is one of the few Dream Studies certificate programs in an accredited University in the United States. The program has an interdisciplinary orientation, exploring dreams from transpersonal, integral, psychological, scientific, mythological, spiritual, religious, and cross-cultural perspectives. Chinese students can learn subjects that include sleep, dreams, and states of consciousness; ordinary and extraordinary dreams; dreams as they relate to health and creativity; a practicum in dream sharing with individuals and groups; personal mythology and dreamwork; and a final Certificate integration group presentation.

**梦境研究证书项目：**索菲亚大学梦境研究专业证书是由索菲亚超个人心理学研究学院所提供的。它是极少数的被权威认证的美国大学所提供梦境项目之一。该项目以跨学科研究导向，整合包括超个人心理学、个人、整体、心理、信仰、精神、和跨文化的观点。中国学生可以学习到的课程涵盖的主题包括睡眠、梦境和意识状态；普通和非凡的梦境；与健康 and 创造力有关的梦；与个人和团体的梦工作；个人神话与梦；以及最终的证书整合团体展示。

With five courses to complete, this 13-credit curriculum is taught by Sofia Faculty. This certificate is designed for students, researchers, counselors, therapists, and anyone with a desire to explore dreams in a way that is applicable to personal development and/or careers in higher education, research, counseling, coaching, writing, and other careers where healing, creativity, imagination, inspiration, and transformation are important.

该证书项目包括13个学分，有五门课程要完成。由索菲亚大学的教授团队授课。该证书专为学生、研究人员、咨询师、治疗师以及任何希望以适用于个人发展和/或高等教育、研究、咨询、辅导、写作和其他职业的方式探索梦的人而设计的。梦境研究对疗愈、创造力、想象力、灵感和转变都是很重要的。

The Dream Studies certificate can be earned alone or in combination with our Transpersonal Psychology Masters in Chinese or Doctoral Program in Chinese. *The following courses fulfill Dream Studies certification requirements:*

梦境研究证书可以单独学习，也可以与中文授课超个人心理学硕士班或博士班同时研修。

以下为此梦境研究证书所要求完成的课程：

Item #	Title	Credits
MTPO8202	Dreams, Dreaming, and Dreamwork 织梦与解梦理论与应用	3.0
MTPO8201	Archetypes, Symbols and Myths 原型、图示、及神话	3.0
MTPO8452	PTSD Psychology and Healing Methods 创伤后应激症候群心理学和 疗愈方法	3.0
MTPO6411	Psychology of Extraordinary Dreams 非凡之梦心理学	3.0
MTPO8299	Certificate Integration/Artistic Presentation 证书整合顶点课程	1.0
Total Credits		13