

# Leadership and Transformative Life Coaching Certificate

## Degree Type

Certificate

Students are awarded a Certificate of Completion in Leadership and Transformative Life Coaching (99 hours) upon successfully completing the Concentration in Leadership and Transformative Life Coaching. This certificate program is currently designated to meet the Level 1 criteria by the International Coaching Federation (ICF), the globally well-known gold standard organization for supporting coaches in all niches of coaching. Students' practicum experience—MTP 8800 Introduction to the Transformative Coaching Process (3), MTP8811 Professional Practicum in Transformative Coaching I (3), [MTP8812](#) Professional Practicum in Transformative Coaching II (3), [MTP8813](#) Advanced Practicum in Transformative Coaching (3), and [MTP9041](#) Transpersonal Integration Paper—must involve an aspect of coaching to be eligible for the Certificate.

Item #	Title	Credits
MTP7201B	Transitional Seminar	1.0
MTP8800	Introduction to the Transformative Coaching Process	3.0
MTP8805	Entrepreneurial Spirit	3.0
MTP8811	Practicum in Transformative Coaching I	3.0
MTP8812	Practicum in Transformative Coaching II	3.0
MTP8813	Advanced Practicum in Transformative Coaching	3.0
	MTP8399 or MTP8799 - Inquiry into Creative and Innovative Processes or Inquiry into Embodied Spirituality	3
MTP9041	Transpersonal Integration Paper	3.0
<b>Total Credits</b>		<b>22</b>

## Notes

# Leadership and Transformative Life Coaching Certificate

## Stand Alone Certificate

### NTC 600 Leadership and Transformative Life Coaching Certificate

This certificate is offered in the winter of each year. Students are awarded a Leadership and Transformative Life Coaching (99 hours) Certificate of Completion designated to meet the Level 1 criteria by the International Coaching Federation (ICF), the globally well-known gold standard organization for supporting coaches in all niches of coaching. The program provides 20 weeks of coach practicum experience, including 34 hours of online teleconference group and individual learning sessions, online reading and media, co-heart discussions, and experiential mindfulness and self-awareness practices. An estimated average of 4.5 hours of study/coach practice and mentoring can be expected each week. The course is divided into three (3) major areas: Weeks 1- 6: Setting the foundation and fundamentals for transformative coaching through a transpersonal lens; Weeks 7- 13: Deepening transformative experiences and transpersonal qualities of coaching; Weeks 14-18: Developing a strategic roadmap for coaching and leadership presence.

Weeks 19 and 20 are devoted to completing final assessments and expressions of celebration.