

PHDC7225 : Personality Theory and Transpersonal Studies 人格理论与超个人研究

This course covers the broad field of “personality,” starting with exploring various understandings of the concept, including differing approaches to its study. Then, major theories of personality are examined, including biological, somatic, cultural, behavioral, social learning, psychodynamic, trait, humanistic, and transpersonal approaches. Lastly, various applications of the concept of personality are covered pertaining to the individual’s health and growth, functioning within sociocultural and environmental contexts, and adapting to a rapidly changing world.

Credits 3