

MLR1065 : Transpersonal Skills Lab 1 (Creative Focus)

Topics will vary and include components of improvisational skills for therapists, psychosynthesis, cinematherapy, Jungian dream analysis, process painting, creative expression, sandtray and play therapy, poetry therapy, and bibliotherapy. Each skills lab will teach tools and techniques in the chosen topic to help the therapists work more effectively in the creative modalities with clients.

Credits 1