

# MLR20111 : Systems Theory and Application, Part 1

This course outlines systems theory and intervention, and historical and current trends in family therapy. The family is considered as the unit of treatment, and symptoms are viewed as a Part of the systemic matrix of relationship. The family is considered within larger sociocultural and spiritual systems. Assessment, diagnosis, and intervention are addressed from the systemic perspective.

**Credits** 0.5

**Prerequisites**

MLR2001, MLR4001 or MLR4002, MLR1001