

# MTP7201A : Opening Seminar

Explore transpersonal approaches to personal and professional growth in a group setting. Meet transpersonal psychology faculty, classmates, and staff in person. Share personal stories and unique perspectives to begin to build and foster relationships within learning communities. Experience transpersonal speakers, workshops, and activities and see what makes Sofia a unique place where the epistemologies of our hearts and intellect are embraced, embodied, and held with equal importance.

**Credits** 1