

MTP8202* : Transpersonal Approaches to Dreams and Dreaming

Be introduced to the world of dreams and dreaming. Explore projective dream work, multiple layers of dream awareness, synchronicity, and culturally diverse ways to engage with dreaming. Record dreams in a dream journal. Work alone and with others to gather greater insight into their dreams. Deepen their understanding of how dreams can facilitate transpersonal awareness.

Credits 3

Cross Listed

GPHD8202