

MTP8208* : Nature-Based Programs and Wholeness

Nature-based programs are grounded in the idea that coming home to our natural roots promotes wholeness, healing, and sustainability for all beings on this planet. This course focuses on the many ways that ecopsychology, ecospirituality, and ecotherapy are being applied in professional settings and outdoor places to facilitate healing, reconnection with place, education, health, and wholeness. Examples include animal-facilitated programs, garden and farm therapies, wilderness experiences, bringing nature into therapeutic practice, and prison-based programs. Students will design an innovative community service project that brings an eco-centered approach into a professional or vocational experience.

Credits 3

Cross Listed

GPHD8208