

MTP8800 : Introduction to the Transformative Coaching Process

Receive a foundation in the theories, principles, and practices of transformative coaching. Explore the roots of coaching in psychology and other fields, and inquire into the ways in which our interpretations of reality shape that reality. Participate in skill lessons needed to be an effective transformative, transpersonal coach and practice coaching strategies with faculty and peer feedback. This low-residency course begins as part of the seminar and continues in an online and teleconference format for the duration of the term.

Credits 3