

President's Welcome



Welcome to Sofia University

As we celebrate our 50th year as an institution of higher learning, we welcome you to join us at either of our two campuses, in Palo Alto (Silicon Valley), or the exciting, newly activated campus in Costa Mesa (near Los Angeles). Accredited by WASC Senior College and University Commission, Sofia University is a unique institution of higher learning founded on the principles of humanistic and transpersonal psychology.

As you embark on your personal and professional journey, you will discover the contribution that Sofia University's mission can make to fulfilling your goals. Since its founding in 1975, Sofia has remained dedicated to academic excellence with a shared commitment to authenticity, inclusivity, cultural humility, ecological stewardship, and service to others.

As you envision your personal and professional future, we are here to support you by providing applied, professional, and demand-driven undergraduate degree completion programs, specialized masters' program in psychology, computer science and business, and highly recognized and valued doctoral degrees.

We are delighted to welcome you to a learning community committed to each other and to pursuit of excellent in higher education. We are proud of our faculty, staff, students, and alumni. Our goal is to partner with students to help them on their learning journey. As a result, the students who have passed through Sofia University have gone on to experience life-changing pursuits, as well as to positively impact the world around them.

Sofia is committed to core values such as humility, inclusivity, and service to others. We take those elements of our mission statement seriously and strive to do all things with transparency and integrity. My hope is that our experience

will exceed our expectations, and that you will contribute as well as gain from your engagement with the Sofia University community.

Carol Lee Humphreys, PhD
President